

# Laundry sorting guide

Sorting your clothing by fabric, color and level of soil will help you prolong the life of your clothes, so you can wear them for years to come. Use this laundry sorting guide to learn how to separate your clothing for proper washing.



#### Sheets and bedding

Comforters should be washed in a high-capacity washer, separate from sheets. For your sheets and other bedding, reference the care label for specifics, but typically, you should use the warmest water setting based on the fabric the sheets are made of.



#### **Towels**

Like with other sorting, it's best to wash white or light towels separately from brighter colored ones to prevent any color transfer or fading. Generally, towels should be washed with hot water.



### **Delicates**

Thin fabrics like silk should be washed based on the care tag as they may need to be hand washed or dry cleaned. If you will be using the washing machine, avoid mixing fabrics like cashmere with lace or knitwear, as they could lose their shape. Protect delicates like undergarments by placing them in mesh bags before washing.



#### Dark jeans and shirts

Jeans are best washed on their own and inside out with a delicate or gentle cycle, and it's best to use cold water to avoid any shrinkage. Should you need to wash with other items, keep it to similarly colored clothing.



## Dark synthetics and athleticwear

To help reduce any unpleasant odors even after washing, soak activewear in a mixture of one-part white vinegar to four parts water for 15-30 minutes prior to washing. Use cold water and mild detergent when it's time to throw them in the washing machine.

